



UNB MEMBERS THAT ARE RESIDENTS OF IR#1 – NICOLA LAKE/QUILCHENA

February 7, 2023

RE: First Nations Drinking Water Settlement Agreement

CONTACT: Peyton McRae, DCS Assistant, 250-350-3226, dcs.assist@uppernicola.com

1. On October 17, 2022, Chief and Council signed BCR 2022-10-17- 01 as a “ Band Council Acceptance Resolution” to accept the First Nations Drinking Water Settlement Agreement for the community as we were subject to a drinking water advisory that lasted at least one year between November 20, 1995, and June 20, 2021, for IR1 Nicola Lake. We have received the \$500,000.

- The settlement also includes compensation for individuals. How can individuals receive compensation?
- UNB will provide the Administrator (Legal Counsel for Class Action lawsuit) with a list (Band Council Confirmation List) of band members (eligible individuals) who were subject to a drinking water advisory that lasted at least one year between November 20, 1995 and June 20, 2021. The list will include:

Band Membership Number OR Indian Status Card Number
Full name of resident (required)
Periods ordinarily resident on First Nation Reserve (required)
Last known address
Date of birth (required)
Other contact information (if available)

We are compiling a list and we will be in contact with each household on IR#1 – Nicola Lake/Quilchena.

You will be contacted by a UNB representative.

GBM

FEB 22, 2023 @ 6PM

UPPER NICOLA BAND 2023

NOTICE OF NOMINATION MEETING - ELECTION

Notice is hereby given that the **Upper Nicola Band** has called a Nomination Meeting on **February 9, 2023**, in accordance with the *Upper Nicola Band Custom Election Regulations*, February 3, 2020 for the purpose of eligible Electors nominating candidates for one (1) position for the Office of Chief and nine (9) positions for the Office of Councillor, to be elected in the next Election on **March 18, 2023** for the ensuing term of office.

NOTICE OF NOMINATION MEETING

FEBRUARY 9, 2023

6:00 PM - 7:00 PM

Quilchena Church

**6961 Douglas Lake Road,
IR 1 Douglas Lake Reserve, British Columbia**

IMPORTANT INFORMATION

Each valid nomination form shall have a mover and a seconder along with three (3) other eligible electors, who must sign the candidates Nomination Form. The Electoral Officer shall read aloud all valid nominations.

Eligible electors are members of the Upper Nicola Band who are eighteen (18) years of age on the day of the Nomination Meeting and has not otherwise been disqualified.

A disqualified member is a person who is not eligible to vote for the following reasons:

- i. Not a band Member;
- ii. Incarcerated at the time of the Custom Election;
- or
- iii. At the Voting Place, left with the ballot or refused to vote.

A person may be nominated for the office of Chief or Councillor provided that:

- a) The Eligibility of Voters requirements are met.

accordance with the Election Regulations, including the Candidates Code of Ethics and Criminal Record Search, shall not be a candidate in the election and his or her name shall not appear on the election ballot.

Members of the Tribunal Committee or Members of the Electoral Officials have forfeited their right to nominate or be nominated, to be a Candidate, and to run for the Office of the Chief and/or Council as per the Election Regulations.

Please read the Election Regulations for complete details, nomination meeting and Candidate requirements.

The Election Regulations, supporting Nomination documents, and the official Voters List of all Eligible Electors shall be posted and available during regular business hours at the Upper Nicola Band Administration Office at the Douglas Lake Reserve, Quilchena Reserve and Scw'xmx Tribal Administrative Building; can be requested from the Electoral Officer; and will be available to download at:

<https://www.onefeather.ca/nations/uppernicola>

NOTICE OF ELECTION

ADVANCE POLL - MARCH 11, 2023

8:00AM TO 8:00PM

**6961 Douglas Lake Road,
Quilchena Reserve, British Columbia**

Councillor provided that:

- The Eligibility of Voters requirements are met.
- The Candidate is not an undischarged bankrupt.
- Are not nominated or seconded by the Electoral Officer or Deputy Officers (prohibited under the Election Regulations).
- The Candidate is not disqualified as set out above.
- The Candidate has been a registered UNB member for two (2) years prior to the Nomination Meeting.

Other requirements:

Nominees must submit the original CONSENT FOR DISCLOSURE OF CRIMINAL RECORD INFORMATION (see Election Regulation for details) by personal delivery to or by registered mail to the Electoral Officer.

No nominee shall be eligible to be a candidate for the office of Chief or Councillor if in financial arrears over and above one dollar (\$1.00) with the Upper Nicola Band and entities. If a nominee's financial affairs to the Upper Nicola Band and entities are in "good standing" for at least one (1) year immediately prior to the nomination date, he or she is eligible to be a candidate for the office of Chief or Councillor.

A candidate who fails to pay all debts in full shall not be a candidate in the election and his or her name shall not appear on the election ballot.

No person may hold the office of Chief and Councillor at the same time.

A candidate who fails to file all the mandatory documents in

8:00AM TO 8:00PM

6961 Douglas Lake Road,
Quilchena Reserve, British Columbia

REGULAR POLL – MARCH 18, 2023

8:00AM TO 8:00PM

Quilchena Church
6961 Douglas Lake Road,
Quilchena Reserve, British Columbia

8:00AM TO 8:00PM

Spaxmn Meeting Place
9390 Manuel Road
Douglas Lake Reserve, British Columbia

COUNT – MARCH 19, 2023 AT 9:00AM

N'kwala School Gym
9410 N'kwala Road
Douglas Lake, British Columbia

Eligible Electors may vote in person at the In-Person Polling Station or by electronic ballot.

The Electoral Officer shall not disclose an elector's address without the consent of the elector.

For more information or assistance, please contact the Electoral Officer via OneFeather using the contact information provided at the bottom of this Notice.

Dated for reference: January 20, 2023

For more information or assistance please contact: Electoral Officer – Lawrence Lewis

Email: support@onefeather.ca

Office: 250-384-8200 Toll Free: 1-855-923-3006

209-852 Fort Street, Victoria, B.C., V8W 1H8

<https://www.onefeather.ca/nations/uppernicola>





January 18, 2023

Please be advised N'kwala will not be accepting new High School students for Semesters two and three this year (January to February 2023).

The High School, especially Grades 10-12, has had difficulty attracting and retaining teachers making affecting the students' continuity of learning. With two teachers leaving the school in the same year, it has been a struggle.

Thankfully, our Resource Teacher has accepted the High School Teacher role for the remainder of this year and has stepped into the High School four days a week. On the day she is not here, curriculum is laid out for the Educational Assistant. This is working well.

Adding to our difficulties is the fact that teachers have also resigned from our overseeing organization, the First Nations Education Steering Committee (FNESC). These teachers are responsible for delivering our online courses. Further, given this issue, FNESC is not able to focus on Grade 10 courses this year which is where N'kwala requires the most support.

Lastly, as the High School students have experienced gaps in their learning (Grades 8 and 9), we are doing a big push, dedicating all our energy and resources towards the students currently registered at N'kwala. We are touring as many colleges and universities this year as possible. Developing post-secondary goals is a priority. The students need to gain and make up credits. They also deserve to feel safe and grounded.

Thank you for your understanding. We are not alone in these staffing challenges. Districts around the province are also struggling in unprecedented times.

kʷu yaʕp kaʔkín kʷu ʔcahəhqín, íklíʔ kʷu † kstxʷməncutaʔx.

We will get wherever we are facing, that's where we are headed.

Respectfully,

Tyler Ernst.

Principal.

Scw'exmx Child & Family Services Society
Invites you to our

"GENERATIONS OF CREATIONS" CULTURAL CONFERENCE

February 10-12, 2023

at the NVIT Gymnasium

As we work towards the revitalization of our ways of knowing, please join us for a weekend with knowledge holder's who will share and teach what they have learned along their trails.

Workshops Include:

Cedar weaving, Basketry, Hand Drum Making, Buckskin Glove Making, Beading, Language Learning, Traditional Medicines & Plants, Trout Spear Making, Keynote speakers, hand drum sessions & more!

Registration
on site

Meals
provided

Gift bag for the
first 150
registrations

Door
Prizes

For more information, please
contact Corrina Manuel @
corrina.manuel@scwexmx.com or
(250) 315-7386

Vendors: Item donation for door prizes,
please register with Barb Huston @
barbara.huston@scwexmx.com or (250)
315-9178

LOWER NICOLA
INDIAN BAND

Made with PosterMyWall.com



kʷu əc'ulluʔs: Frontline Wellness



MARCH 2 - 3, 2023 | SPIRIT RIDGE, OSOYOOS



Gathering and Supporting Frontline Workers

This event will have training to support capacity, visioning, team building exercises, cultural healing, and a focus on personal wellness in a field of providing support to Syilx Nation members in crisis.

BUILDING CAPACITY

Our Syilx culture and traditions have been handed down to us for generations, and it's critical to use a cultural informed response to disclosures of crisis or violence and remember practices that we can do for self.

RESPONDING TO SEXUAL VIOLENCE DISCLOSURE

A Guide for Front-Line Health and Wellness Staff



SEXUAL ASSAULT RESPONSE TRAINING

Tips and resource to support responding to sexual assault and violence disclosures.



SELF-CARE & GROUNDING

Preventing burnout from personal and work-related challenges and stresses



TRAUMA INFORMED CARE

Understanding the impacts of trauma, signs & symptoms, and the path to recovery.

OPEN TO FRONTLINE HEALTH & WELLNESS STAFF IN SYILX NATION COMMUNITIES | SPACE ARE LIMITED

For more information, contact:

Darryl-Jean Peeman, YES Team Lead
YES.TeamLead@syilx.org or 778-392-8133
www.okanagannation.com

You Empowered Strong (YES)

The YES program provides community awareness, education and training as well as resources on de-normalizing violence and sexual assault as one of the key steps to create change and change behaviors.



What: Continue the legacy of our StimtimA 's(grandmothers) powerful prayer time with Kulencutn Appelou(Opal C. V.) extends the invitation to pray together on behalf of our StimtimA

Where: Quilchena Church
Church bell will ring at 930 a.m(reminder) and 10:00 a.m. start

When: Last Sunday of every month Jan, 29-Dec. 24
Jan.29 Feb.26 Mar.26 Apr.30 May28 June25 July30 Aug.27 Sept.24 Oct.29 Nov. 26 Dec.24

Time 10:00 a.m.-11:30 a,m

Let's pray sing clap tap our toes dozee do 😊

Bring your: guitar drum flute banjo violin spoons... washboards.... and more.... 😊

Our StimtimA knew how to pray and enjoy a good time together with Kulencutin and His people.

INTRODUCTION TO WORKPLACE COMPUTER SKILLS

Complete the training
to enter you name into
a draw for a laptop!



In partnership with NVIT, ISETP is offering Introduction to Workplace Computer Skills. The use of computers is an essential skill needed in the workplace. Learners will be introduced computer related terminology, identifying parts of a computer, computer care, software programs, buying a computer, keyboarding skills, searching the internet for job opportunities, introduction to Microsoft Office Word and Excel, using Windows desktop features, managing files and new features of software packages and other technology.

Transportation allowance (bus pass/gas card) available and Lunch provided daily at the NVIT cafeteria



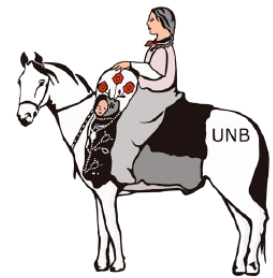
**NVIT - 4155 Belshaw
St. Merritt BC**

February 27-March 3, 2023

9am-Noon and 12:30-4:30pm Monday to Friday

Contact: Employment Counsellor Jody John at:
250-315-9465 or counsellor@scwexmxtribal.org

k^wu stəmtíma? and Jurisdiction
UPPER NICOLA LAWS FOR OUR RELATIONS
(CHILDREN AND FAMILIES), INCLUDING
ADOPTION



k^wu stəmtíma?

Yea! The first of our Community Engagement Sessions (Zoom and in-person) was successful. Greatly appreciate all those who participated with the presentations and discussions. Kudos to those who contacted me to let me know they send their regrets for this session and plan on attending the next session.

At the first engagement session, SCFSS provided a 13 Moon Calendar trivia questions and a presentation on SCFSS – history and current practices – with a focus on shifting practice from protection to prevention, which includes supporting and maintaining family units. The ONA presentation focused Revitalizing our Ways (Wellbeing of our Relations), changes to legislation, Syilx Nation practices and activities (current Declarations and the Nation's nəqsílt Family Plan) and pathways to jurisdiction.

A FEW BIG QUESTION DISCUSSIONS:

- How many other Nations are participating with jurisdiction and what can we learn from them?
- Are we going to have to go through the court system to prove our laws or testimonials to stand laws up? Has there been precedence to stand up FN laws?
- How does the captík^wl guide our laws?
- How can we ensure caregivers and foster homes have the training required to meet the needs of the child(ren) in care?
- Bringing the community together is part of building trust. In the past Elder's Day brought families together. How can we bring families together, get to know one another, and build trust?
- In some places it is not the children removed from homes for their protection, it is the parent. How can this be part of UNB practices?
- How can SCFSS work with other agencies, First Nations, and Ministries, to ensure the best interests of the child are foremost?
- There are ~1000 UNB members. How can we reach out to all?
- What steps have the k^wu stəmtíma? And the UNB taken towards jurisdiction?

We have other Community Engagement Sessions for the following dates. Your participation and opinions, along with our *captik^{wł}*, are the foundation of our laws.

Feb. 1 @ 10:00 a.m.	Zoom	Bill C-92 and Adoption
Feb. 1 @ 4:00 p.m.	spaxmn Meeting Place	
Feb. 16 @ 3:00 p.m.	Merritt Civic Centre	Our Relations Blanket Exercise (Martha Chillihtzia)
Feb. 25 @ 9:00 a.m.	Quilchena church – Breakfast	Panel Discussion
Mar. 8 @ 10:00 a.m.	Zoom	<i>Captik^{wł}</i> <i>Captik^{wł}</i> and Laws (Eva Tom)
Mar. 8 @ 4:00 p.m.	spaxmn Meeting Place	
Mar. 18 @ 9:00 a.m.	N'kwala Gym – Breakfast	First Nations Experience: Guest Speakers - Cowichan First Nations – Adoption (tbc) - A First Nation - Jurisdiction (tbc)
Mar. 31 @ 3:00 p.m.	Merritt Civic Centre	Fun Family Activity and Wrap Up Dance with Ritchie and the Fendermen

For more information, call me at 250-350-3354. I called and spoke with many of our people; however, there are many I missed and many I do not have a phone number. I am interested in talking with as many people as possible about *Laws for Our Relations*. How can our community come together to make a safe, caring, and loving environment for our Relations, most importantly for our children?

Others you can contact include Debra Manuel and Collette Sunday at 250-350-3342.

In moving towards Upper Nicola Jurisdiction, we need your support and mandate.

Way' *Carol Holmes*

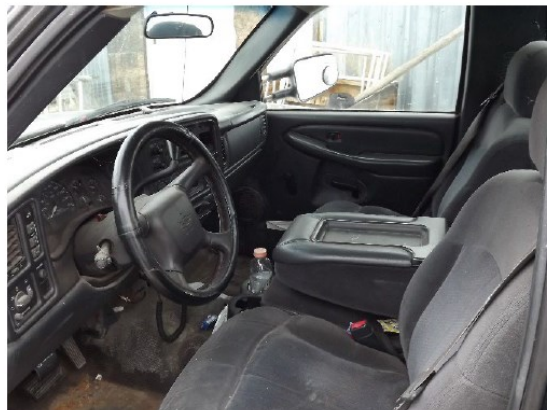
UPPER NICOLA BAND VEHICLE AUCTION

Hello Community Members, The Upper Nicola Indian Band has arranged a bidding auction for vehicles that the Band no longer has use for.

The Bidding is currently open, and sealed bids will be accepted until February 10th, 2023. Bids can be made at reception of the main band office. The highest bidder will be contacted for payment confirmation. Bids must be paid in full at close of Auction if awarded.

Package #1:

2001 Chevrolet Silverado 2500 HD 6.6L Duramax Diesel





Upper Nicola

Package #2:

2 Snowmobiles + Utility Trailer

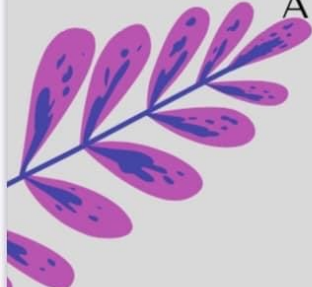
- Skidoo Summit Rotax 500F (Year Unknown)
- Yamaha Bravo (Year Unknown)
- 2007 Karavan Utility Trailer





Connect Parent


CONNECT PARENT IS AN ATTACHMENT-BASED PROGRAM THAT FOCUSES ON STRENGTHENING PARENT-TEEN RELATIONSHIPS AND BUILDING A FOUNDATION FOR COLLABORATIVE PROBLEM-SOLVING. AS AN ALTERNATIVE TO BEHAVIOUR MODIFICATION STRATEGIES, THIS GROUP FOCUSES ON SUPPORTING PARENTS IN UNDERSTANDING THE ATTACHMENT NEEDS THAT CREATE THE BEHAVIOUR THEIR CHILD IS DEMONSTRATING.



THIS IS A FREE, 9-WEEK PROGRAM, WITH SESSIONS OCCURRING ONE EVENING A WEEK FOR 90 MINUTES. SNACKS ARE PROVIDED. FOR PARENTS WITH CHILDREN BETWEEN THE AGES OF 8 AND 18-YEARS OF AGE.

WAITLIST IS ONGOING.

CLICK TO WATCH "ENGAGING FATHER'S"



To sign up or discuss Connect Parent call:
Jim Laidlaw at 250-315-8414
or Janet Verbeeck at 778-661-0373



Job Posting

Position: School Bus Driver
Department: N'Kwala School
Term: Casual – Relief with potential to transition to FT in Sept 2023
Start date: February 2023 (or until position is filled)
Wage: Commensurate with experience, as per salary range for Class 4 level employee in UNB Personnel Policy
Reports to: N'Kwala School Principal

Role: The Bus Driver is responsible for the safe conveyance of students to and from school (including field trips) and for ensuring safe mechanical condition and cleanliness of the bus. This position may also be responsible for tasks associated with N'Kwala School which could include performing unskilled and semi-skilled work pertaining to a variety of general maintenance tasks.

Key Responsibilities:

- Drive the school bus in a safe and legal manner; ensure that the bus is mechanically sound before each run and undertake minor repairs. Driver must maintain discipline on the bus, taking appropriate action as per School policy and procedure if necessary. Ensure all passengers know and follow the School Rules.
- Arrange for the bus to be serviced and licensed and for its mandatory inspection as required by the provincial Motor Vehicle Act Regulations (MVAR).
- Complete all mileage and other records as determined by the Principal or as defined in the Commercial Vehicle Safety Enforcement regulations.
- Clean the bus after each run to ensure no belongings are left and communicate with N'Kwala staff regarding student pick-up and drop-offs as well maintain discipline on the bus by taking appropriate action as per school policy and procedures and ensure all passengers know and follow the policy.
- Undertake scheduled safety test procedures, including bus evacuation drills, as required by the N'Kwala School Policies, Procedures and Guidelines.

Qualifications/Experience:

- A minimum of Grade 10 education
- Six (6) months to one year commercial driving experience, or equivalent combination of training and experience is required.

Knowledge/skills/abilities

- Valid Class 1 or 2 Driver's License and Clean Driver's Abstract and access to reliable transportation;
- Familiarity with Safety Inspections;
- Must be physically fit and able to handle working in outdoor conditions;
- Knowledge of Upper Nicola Syilx culture, language and history is an asset

Send cover letter and resume with 3 references by via hand delivery, mail or email to:

Human Resources

General Delivery

Douglas Lake, BC, V0E 1S0

Upper Nicola Band

Tel: 250-350-3342

reception@uppernicola.com

Upper Nicola Band thanks all applicants. However, only those short-listed for an interview will be contacted.

General Delivery, Douglas Lake, BC, V0E 1S0

T 250.350.3342

www.uppernicola.com



FEB 10 AT 5 PM – FEB 12 AT 6 PM

54th Moccasin Hockey Tournament

Nicola Valley Memorial Arena • Merritt, BC



54th Anniversary
Moccasin Hockey Tournament

February 10 – 12, 2023
Nicola Valley Memorial Arena, Merritt BC

The Moccasin Hockey Tournament Committee welcomes you to BC's longest running Indian Hockey Tournament. The 54th Annual Tournament is excited to announce a new Tournament Committee to keep the tournament alive and running!

Competitive Division
8 Team Modified Double Knockout
\$1000.00 Entry Fee
1st Place: \$4500.00*
2nd Place: \$2000.00*
3rd Place: \$1500.00*

40+ Masters Division
7 Team Modified Double Knockout
\$1000.00 Entry Fee
1st Place: \$4000.00*
2nd Place: \$1800.00*
3rd Place: \$1200.00*

*Prize Money: will be pro-rated based on the number of teams entered in each division.
Entry Fee: Non-refundable Team Deposit of \$500.00 required to enter.
Team Deposit Deadline: Tuesday January 31st. Remainder of entry fee due before first game.
EMT: bmanuel.jr@gmail.com NO Password required.



Both Divisions: Non-Contact Hockey, Slap Shots Allowed
All Teams Must Be Ready to Play Friday Evening
Players Play at Your Own Risk.
To Enter Contact Buzz Manuel, Jr. T: 250-315-3457 E: bmanuel.jr@gmail.com

Admission: \$10/Day or \$25/Weekend Pass; Elders and 12 and Under are FREE
50/50 Draws Concession Available

Moccasin Hockey Tournament will not be held responsible for lost or stolen property or personal injury.

Contact Buzz Manuel Jr
250-315-3457
bmanuel.jr@gmail.com

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9 Nomination meeting	10 Moccasin Hockey Tournament	11 Moccasin Hockey Tournament
12 Moccasin Hockey Tournament	13	14 	15 Withdrawal deadline. Candidate notification.	16 Blanket exercise civic centre 3pm	17 Electoral Officer post Election Notice	18
19	20 Family Day STAT O/C	21 Bill C-92 & Adoption zoom 10am <u>spaxmn</u> 4pm	22 GBM <u>6pm</u>	23 Criminal records check due.	24	25 Church <u>breaky</u> 9am Panel discussion
26	27	28				

IMPORTANT DATES :

Feb 9th - ONA captikwl stories 9-4 zoom. Pre register!

Feb 16th - Blanket exercise 3pm, Civic Centre.

NOTES :

follow-up Governance Transition Session on February 15, starts at 5:00, location TBD. Scotty

Contact Us

Upper Nicola Band

Visit us on the web at www.uppernicola.com

General Delivery
Douglas Lake, BC V0E 1S0

T: (250) 350-3342
F: (250) 350-3311



<https://www.facebook.com/uppernicola>

Visit our Facebook page for the latest news from the Community and notifications from Upper Nicola staff.