



# **GENERAL BAND MEETING**

**Wednesday April 26, 2023**  
**6:00pm Via Zoom.**

Join The Zoom Meeting at:

**<https://us02web.zoom.us/j/82162858428?pwd=b3dNaWc3Q3pmMms1MkgzQUYzQ285dz09>**

Meeting ID: 821 6285 8428

Passcode: 736013

(The Zoom meeting invite link will be the same for all General Band Meetings)

## **Agenda:**

1. Land Allocation – Ken Hofmann
2. UNB Band Transfers: Peyton McRae, Wayne Twan, and Eugene Keats.
- 3.

**\*IMPORTANT NOTICE\***



April 5, 2023

## Request For Band Transfer into Upper Nicola Band (UNB)

way' Upper Nicola Band Community

As part of our UNB Transfer Policy, the Indian Registration Administrator (IRA), gathers the correct information needed for Chief & Council, to notify them of the Applicant wishing to transfer into the UNB membership.

The following applicants are requesting to transfer to the Upper Nicola Band Membership:

- ❖ KEATS, Eugene Suley
- ❖ MCRAE, Peyton Anthony
- ❖ TWAN, Wayne Richard

The Applicants started the five (5) General Band Meetings. The next schedule General Band Meeting is scheduled for Wednesday, April 26, 2023.

At the 5<sup>th</sup> GBM, the applicants will also verbally request a transfer to the Upper Nicola Band. An in-camera vote, by show of hands, will be held by the members in attendance to accept/decline the request for Band Transfer. For transfers to be accepted, 50% plus one-vote in favour of the transfer is required. The result of the vote will be final.

Roberta Michel  
Indian Registration Administrator



## *Chief and Council Updates April 18, 2023*

*Since taking office on Monday March 20, 2023, Chief and Council have met four times:*

### **1. Chief and Council Meeting – March 27, 2023 – via zoom**

*Chief and Council made the following decisions:*

- *Confirmed that the quorum for Chief and Council is five members for the term March 20, 2023, to March 17, 2026.*
- *Signed a Band Council Resolution (BCR) confirming the elected Chief and Council for the 2023-26 term, this is often requested by Indigenous Services Canada, Royal Bank of Canada.*
- *Approved the initiation of the Full-time Councillor Position Implementation Process, as per the UNB Chief and Council Terms of Reference*
- *Confirmed that a review of the Full time Councillor position, including timelines to be conducted.*
- *Appointed Councillors Brian Holmes, Kevin Ned, and Eva Marie Tom to the Finance Audit Committee.*
- *Appointed Chief and eight Councillors, all but Councillor Fred (Scotty) Holmes, as signing officers for UNB accounts at the Royal Bank of Canada.*
- *approved the use of their electronic signatures to sign the Indigenous Services Canada Funding amendment #0060 to accept \$782,030 for the Quilchena Community Centre. (Reimbursement of feasibility study, and ongoing design work).*
- *agreed to continue with the current Chief and Council meeting schedule, and General Band meeting schedule. (Posted on UNB Website)*
- *Cancelled the March 29, 2023, General Band Meeting, and hold the next GBM on April 26, 2023.*

### **2. Chief and Council Meeting – April 3, 2023 – via zoom**

*The Chief and Council received an update on the Burrowing Owl Reintroduction Program” that has been underway since 2016. Further Chief and Council made the following decisions:*

- *To reappoint incumbent Councillors to existing committees and boards; and direct the Band Administrator to compile a prioritized list of committees and associated terms of reference for review by Chief and Council.*
- *To appoint Chief Daniel Manuel to the existing committee and board positions previously held by Chief Harvey McLeod.*
- *To appoint Councillor Kevin Ned as the Finance Audit Committee (FAC) Chair and Councillor Brian Holmes as FAC Vice-Chair.*
- *To appoint Councillor Brian Holmes to the Full-Time Councillor Position, effective April 3, 2023.*



# Upper Nicola

### **3. Chief and Council Meeting – April 17, 2023 – via zoom**

*The Chief and Council received an update on a grassfire that occurred on March 30, 2023, on Spahomin Creek Road, and reviewed the need for capacity and inadequate policy from the federal government to ensure safety in our community.*

*They learned about the Rebuilding our First Nations Governance (RFNG) Research project that UNB is participating in with other First Nations as we develop our sylvx inherent rights.*

*Please see link for more information: [Who Are We? - Rebuilding First Nations Governance \(carleton.ca\)](https://www.carleton.ca/who-are-we-rebuilding-first-nations-governance)*

*Further Chief and Council made the following decisions:*

- They provided authorization of use of their e-signatures to sign BCR 2023-04-17-01 to authorize leadership and staff to participate in the “How to Support Core Governance Needs of BC First Nations: Analysis and Recommendations” research project that is being conducted by the First Nations Public Service Secretariat (FNPSS).*
- Added Principal Tyler Ernst as a signing officer, updated credit limit for RBC Visa cards, authorized credit cards for Chief, Full time Councillor, and various Managers, as recommended by the Finance Audit Committee.*

### **4. Chief and Council Orientation and Team Building**

*Further Chief and Council held day one of the Chief and Council Orientation and Team Building session on April 16, 2023, in person at the N’kwala School Library. They have day two scheduled to take place on May 7, 2023.*



On Sunday March 26, 2023, Chief Daniel Manuel and Councillors attended the Chief and Council swearing in ceremony.



*Picture in back: Councillors Fred (Scotty) Holmes, Ira Tom, Kevin Ned, Jeremy Tom, Craig Shintah, Dennis MacDonald, and Brian Holmes.*

*Front Row: Councillor Eva Tom, Chief Daniel Manuel, and Councillor Kayla Boston.*

The day saw approximately fifty people gather at the N'kwala School Gym, to meet the newly elected Chief and Council. The Council publicly read out their Oath of Office.

Chief Daniel Manuel and his family provided a meal and traditional giveaway, to acknowledge the new Council, and to thank the membership that came out to witness the beginning of a new term for Chief and Council.

Please stay tuned for a community gathering, in which we will honour the outgoing Chief and Council.



# UPPER NICOLA BAND



# Men's Group Breakfast



**DOOR  
PRIZES**



**Friday April 28th, 2023**

**8:30 AM at the UNB Meeting Place**

Open to All Men of Upper Nicola.

Let's come together and share a meal and tell stories

Bring your son, nephew, brother and cousin!

For more info contact Buzz Manuel at C: 250-315-3457  
or Spike Manuel at 250-315-3692





Quilchena Community Centre

Community Engagement

Monday April 24, 2023

Quilchena Church

3:00pm - Meeting with Elders to Review Current Design

5:00pm - Dinner Provided

5:30pm - Presentation by Design Team

6:30-7:30 - Interactive Design Showcase for Community Feedback



UNB has received approval to cover 90% of the design cost. We are planning the design this fiscal year, 2023-24, with goal to begin construction in Spring 2024.

Please join us! If you have any questions, contact Collette Sunday, Band Administrator 250 350 3342, ext. 235 [admin@uppernicola.com](mailto:admin@uppernicola.com)

**Indigenous Skills Training and Employment Program (in partnership with Needs of the Community Society) is offering:  
What the "L" Workshop**

**DO YOU NEED  
HELP TO GET  
YOUR "L"  
LICENSE?**

**Lunch will be  
provided**

**DATE: May 23, 2023 at 10am - 2pm &  
May 30, 2023 at 9:30am - 1:30pm  
LOCATION: Merritt Civic Centre**

This workshop teaches participants the basics required to successfully pass the Learner's exam:

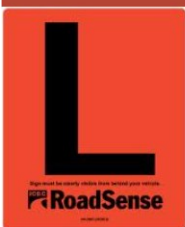
- Navigates through the Driver's Guide booklet step by step
- Highlights key points in each section
- Identifies useful clues in preparation for the exam
- Offers opportunities for participants to ask questions and learn through group discussions

**Basic Eligibility:**

- Must be 16 years old or older
- Must be of First Nations descent
- Currently unemployed or underemployed and reside in Merritt catchment area
- Hold 2 pieces of valid ID; 1 primary and 1 secondary
- Ability to complete ICBC parental consent form if under 19
- No outstanding fines with ICBC

Must be available to complete both sessions of the workshop

10 in-person seats are available-location will be in Merritt



If you are interested please send an email to the  
ISET Employment Counsellor Jody John at  
[counsellor@scwexmxtribal.org](mailto:counsellor@scwexmxtribal.org) or call 250-315-9465





## ENOWKINWIXW NOTICE

**ATTENTION: To those members who signed up for the Enowkinwixw Teachings.**

Please join the Dr. Jeanette Armstrong Dissertation Reading/Discussion group >>**Chapter 4 which has the enowkinwixw teachings.** There will be 2 reading/discussion sessions by **zoom:**

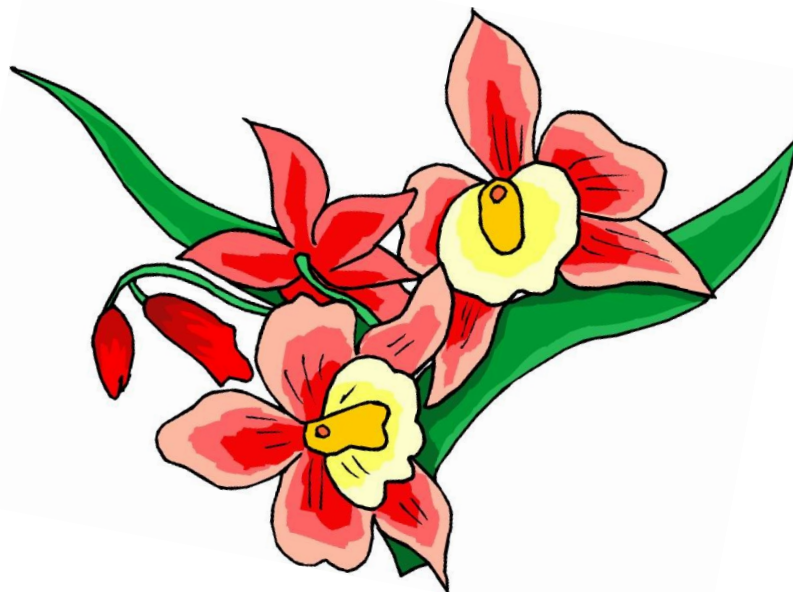
**Session 1: Wednesday, April 12 starting 6:00 pm (Read pages 143-169)**

**Session 2: Tuesday, April 25 starting 6:00 pm (Read pages 170-193)**

If you would like a copy of the dissertation book, you can pick up a copy at the band office.

If you want only Chapter 4, Thelma will copy only chapter 4 for you, as this is a big book to carry around.

\*\*\*Those of you who are **NOT** on the zoom link, please send your email address to me at [cmccauley92@gmail.com](mailto:cmccauley92@gmail.com) to be put on the zoom link. If you have any questions, please email me.





# UNB Special Presentation



## Spuqlic and Fishing Meeting

UNB Members come on out and join  
the UNB Cultural Heritage Team in regards to  
Ice Fishing and report on the 2023 Burbot Fishing season.

**Date: Monday April 24th**

**Location: UNB Meeting Place**

**1:00 - 3:00 PM - Open to All members of the Community**

**Door Prizes and light snacks will be available**

**For more information contact:**

**Buzz Manuel [event.coordinator@uppernicola.com](mailto:event.coordinator@uppernicola.com)**

**Loretta Holmes [sr.chrtech@uppernicola.com](mailto:sr.chrtech@uppernicola.com)**



# April

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Swimming @ Aquatic Centre 3 – 7:30pm	6	7 Easter Activities @ Meeting Place 1 – 3pm	8
9	10 EASTER MONDAY	11 Cook Club @ Meeting Place 4 – 5:30pm	12	13 After School Program & Gym Night 4:15pm – 6:30pm	14 Movie Night @ Meeting Place 6 – 7:30pm	15
16	17	18	19 Swimming @ Aquatic Centre 3 – 7:30pm	20 After School Program & Gym Night 4:15pm – 6:30pm	21	22
23	24	25 Cook Club @ Meeting Place 4 – 5:30pm	26	27 After School Program & Gym Night 4:15pm – 6:30pm	28	29
30						

APRIL 2023

# Upper Nicola Fire Dept

Hello Everyone,

With Spring comes spring cleaning. I would like to take this time to remind you to be cautious and to act accordingly while you do your spring burning, please take into consideration the weather forecast and time of day that you plan to start your burning, It is best to start early in the morning as wind direction and speed may change, these wind changes are most likely occur in the morning, high noon and evening as the temperature changes throughout the day. it is not advisable to burn if the winds are over 15 km per hour. Plan ahead remember to clear any debris, trim grasses at least a meter away from anything you're not planning on burning, and have a water source or wet line available to protect anything you don't want to burn and enough personnel on hand to control your burn while its in progress. Avoid entrapment by staying behind the head of the fire (in the black) extinguishing as you go, and never leaving your burn unattended. Please advise the office or fire department that you are planning to burn. Some Wildfire equipment is available to help mitigate risks and we can assist if given proper notice and availability of personnel at the time you plan to do your burn.

Thank you and stay safe everyone.

### Top Tips for Spring burning Fire Safety

1. Create a plan of how and what you want to burn.
2. Be advised of weather conditions and adjust accordingly.
3. Clear any debris or fuel loading if possible one meter at the minimum from anything you do not intend to burn.
4. Stay ahead of your fire line and extinguish as you work to avoid entrapment or potential flare-ups.
5. Make sure everything is completely extinguished if conditions change unfavorably.
6. Work together, small goals achieved effectively make larger tasks more manageable and efficient.

The [Upper Nicola Fire Department](#) provides fire protection and public safety services to the Upper Nicola Band. This includes fire prevention, fire safety inspections, fire control and/or suppression, and first aid as required. We are always actively looking to recruit motivated individuals looking to foster community safety and well-being on a volunteer basis we practice weekly on Thursdays from 6-8 pm. Everyone is welcome.

If you have any comments or questions relating to fire safety or our services, feel free to contact me via email or by phone: [firedept@uppernicola.com](mailto:firedept@uppernicola.com).  
250.350.3331

Sincerely, Mahendra Paul –Fire Chief

# Community Clean-up Day



## To become a Fire Smart community.

We are organizing a community clean-up day and we invite you to join us to make our community Fire Smart by taking the initiative to clean up our yards and declutter around our homes. Taking place after the burrowing owl release ceremony presented by Loretta Holmes.

**April 22<sup>nd</sup>, 2023, (Earth Day) 12:30-4:30 pm**

**At the gathering place in Douglas Lake and The Church in Quilchena. For more information and to volunteer please contact:**

**Payton McRae or Mahendra Paul.**

**[dcsassist@uppernicola.com](mailto:dcsassist@uppernicola.com) or [firedept@uppernicola.com](mailto:firedept@uppernicola.com)**

**250.350.3331**



# Upper Nicola – N'kwala School

April 13, 2023

way':

Thirty-three years ago, 1990, marked the year that N'kwala School was brought into existence. This required the vision and follow through of a strong, forward-thinking, progressive and dynamic leadership that worked together in the true spirit of being united within a syilx vision.

This year N'kwala School has been undergoing a complete Ministry of Education school Inspection to discuss the vision, activities, and accomplishments of the school and verify the school's compliance with Ministry requirements and related matters. Many Band schools are currently abandoning the Independent School system and instead maintaining membership just within the First Nations School Authority.

However, N'kwala School is going ahead in maintaining our Independent School status (in-line with the most privileged, highest performing private schools) and has been working with the Ministry of Education to do so. We have had to address 18 concerns to remain within the Independent School structure. We have successfully cleared 14 of those issues and are working hard to tidy up the remaining four.

One major issue have been the N'kwala School policies (2014) which have required revision. A consultant, Edith Loring-Kuhanga, has been working diligently with Opal Charters (School Advisory Chair) and myself to bring us in line with all requirements to get the school back in top standing.

Next Tuesday, April 18th, our Consultant will be visiting with students in small groups to let them know what the policies of N'kwala are and how some of them are changing. The students will have the opportunity to offer their input and suggestions in language they understand.

We would like to invite any parents and community members to N'kwala School next Wednesday from 10 am onwards to review and offer input into the school's policies. I have gasoline gift cards ready for attendees and will also have lunch available.

Respectfully,  
Tyler Ernst.  
Principal





stím  
axá??



stím axá?

what is this?



ixí?  
i? muíx



ixí? i? muíx

that is a cottonwood tree

ka?kin ka? cplal i? muíx?

Where does cottonwood grow?

ííka?t kí\_siwłk<sup>w</sup> ka? cplal i?\_muíx.

The cottonwood grows near water.

kn tix<sup>wə</sup>m t muíx

i gathered some cottonwood

k<sup>w</sup>u tix<sup>wə</sup>m t muíx

we gathered some cottonwood

ksk<sup>w</sup>uíntm i? m'rimstn

we are going to make medicine





different ways to describe the actions in nsyilxcn

pronoun \_\_\_\_\_ t \_\_\_\_\_

**kn** tix<sup>wə</sup>m t muł'x

i gathered some cottonwood

**k<sup>w</sup>** tix<sup>wə</sup>m t muł'x

you gathered some cottonwood

tix<sup>wə</sup>m t muł'x

(s)he gathered some cottonwood

**k<sup>wu</sup>** tix<sup>wə</sup>m t muł'x

we gathered some cottonwood

**p** tix<sup>wə</sup>m t muł'x

you all gathered some cottonwood

tix<sup>wə</sup>məlx t muł'x

they gathered some cottonwood

tix<sup>w</sup> \_\_\_\_\_ i? \_\_\_\_\_

tix<sup>wə</sup>n i? muł'x

I gathered cottonwood

tix<sup>wə</sup>ntx<sup>w</sup> i? muł'x

you gathered cottonwood

tix<sup>w</sup>s i? muł'x

(s)he gathered cottonwood

tix<sup>wə</sup>ntm i? muł'x

we gathered cottonwood

tix<sup>wə</sup>ntp i? muł'x

you all gathered cottonwood

tix<sup>w</sup>səlx i? muł'x

they gathered cottonwood

kn kstix<sup>w</sup>aʔx t muł'x

I am going to gather cottonwood

k<sup>wu</sup> kstix<sup>w</sup>aʔx t muł'x

we are going to gather cottonwood

iksk<sup>w</sup>uləm i? m'rimstn

I am going to make medicine

ksk<sup>w</sup>ulntm i? m'rimstn

we are going to make medicine

# UPPER NICOLA BAND

*Unity Run 2023*

**SATURDAY  
MAY 27, 2023**

**Starting at Quilchena Church, the run will go to Minnie Lake, down to Spaxmn, then finishing back at Quilchena Church**

Registration opens at 8am

Opening Prayer at 9am; Run will begin right after the prayer.

Unity Run Format will be a Community Relay with 1km distances to run with a partner

Lunch, Water and Snacks and Dinner will be Provided

Wear your favorite Orange Shirt, Pink Shirt, or Purple Shirt in support of your cause.

## FOR MORE INFORMATION CONTACT

Buzz Manuel

C: 250-315-3457 E: [event.coordinator@uppernicola.com](mailto:event.coordinator@uppernicola.com)





# Upper Nicola



## Upper Nicola Band Unity Run Registration Form

Saturday May 27, 2023

8:00 AM Registration and 9:00 AM Start from Quilchena Church

For pre-registration you can complete this form and drop off at the Band Office  
Or Email to Buzz Manuel at [event.coordinator@uppernicola.com](mailto:event.coordinator@uppernicola.com) or bring to the Event by 8am.

Please complete the **Registration Form**, the **Social Media, Photo, Video & Voice Release Form**, and the **UNB and kwU stamtíma? Consent Form**

Parents Names and Status number: 1. _____ 2. _____	Phone (Home or Cell) _____ _____
Child/rens Names and status number for all: 1. _____ 2. _____ 3. _____ 4. _____ 5. _____	Date of Birth for all: _____ _____ _____ _____ _____
Parents email Address: 1. _____ 2. _____	Mailing address: _____ _____ _____
Emergency Contact Name	Emergency Contact Phone (Text or Call)
Allergies	
Comment including any health issues.	



## Social Media, Photo, Video & Voice Release Form

I consent the use of social media, photographs, Video and Voice recordings for the events in way of:  
**Advertising, Promotion and Public Relations**

I, \_\_\_\_\_ **kwU stəmtimA?** the irrevocable right to use my name, picture, portrait, photograph, video or voice recording and those of myself, other family members, my children in all forms and media in all positive manors, including composite representations for trade, educational use, public relations, agency website, social media, and I waive any right to inspect or approve the finished product, including written copy, that maybe created in connection or therewith ( I.E. To post on the Facebook page, or the agency webpage, post in video or recording on our agency YouTube account, Linked-in, Twitter, Snapchat or Instagram page and or posters for advertising for **kwU stəmtimA?**) I am full age and have read the release. I am fully familiar with its contents. (Under the age of 18, Parent or guardian signature)

***Signature:***

***Witness:***

***Date:***





Upper Nicola



### UNB and kwU stemtimA? Consent Form

I hereby give my consent, and acknowledge by my signature that:

- Myself, other family members, child(ren) will be going to and from **kwU stemtimA?** by way of other personal vehicles and **kwU stemtimA?** staff vehicles.
- Myself, other family members, child(ren) has/have no illnesses, or disabilities that may require special attention.
- I have documented any allergies that myself, other family members, child(ren) may have.
- In consideration of **kwU stemtimA?** Myself, other family members, child(ren) an opportunity to participate in the events Program, I waive any and all claims I may have against, and release from all liability and agree not to sue **kwU stemtimA?**, Upper Nicola band and its officers, employees, agents, volunteers and representatives for any personal injury, death, property damage or loss sustained as a result of myself, other family members, child's participation in the trip, arising out of any cause whatsoever, including negligence.

I have read and understand the terms of this consent and waiver, and understand that it is binding upon me, my heirs, executors, and administrators.

\_\_\_\_\_  
*Print Parent/Guardian Name*

\_\_\_\_\_  
*Signature of Parent/Guardian*

\_\_\_\_\_  
*Date*

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**way limlōmt**

Debra Manuel BSW

**Director of Our Relations – Upper Nicola Band**

Cell (250) 378-7575

Office (250) 350-3342

[Dor@uppernicola.com](mailto:Dor@uppernicola.com)



# CANNING FOOD



## DO YOU WANT TO DO MORE FOOD PRESERVING THIS YEAR, 2023?

**CANNING FRUIT,  
VEGETABLES, SAUCES,  
MEAT, FISH ...**

### **Where do you begin?**

Set a goal; mark your calendar  
Talk to family as to what you want  
to preserve.


Start Planning... Check  
Buy & Sell, go to yard sales ... See  
Jars and buy them!

Bring them home, wash them  
and have them ready for your  
first canning!

We the kʷu stəmtíma? are willing  
to assist with preserving your  
winter food.



**FOR MORE INFO CONTACT  
NADINE CHILLIHITZIA**

 250-280-4782

 [cultural.worker@uppernicola.com](mailto:cultural.worker@uppernicola.com)

**kʷu stəmtíma? Leads:**

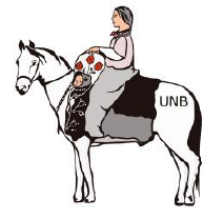
Judy Chillihitzia and Cora Tom



# k<sup>w</sup>u stəmtíma? Invites You

😊 **Community Engagement Sessions on Jurisdiction and Laws for our Relations**

😊 **April 22, 2023 - Merritt Civic Centre**



k<sup>w</sup>u stəmtíma?

10:00 a.m.	Prayers and Introduction
10: 15 a.m.	<b>***Presentation by Okanagan Nation Alliance (ONA), Scw'exmx Child and Family Services (SCFSS), and k<sup>w</sup>u stəmtíma?</b>
12:00 p.m.	Lunch
	<b>***Wet'suwet'en Nation – Wellness and Jurisdiction</b>
1:00 p.m.	The Wet'suwet'en will share their experience of connecting members with their culture, language, and traditions to improve and achieve care and well-being with the best outcomes for the Wet'suwet'en. Questions following their presentation.
3:30 p.m.	Games and Activities
5:00 p.m.	Dinner
6:00 p.m. - 8:00 p.m.	Ritchie and the Fendermen Dance until you drop.....



**JOIN US TO WIN PRIZES AND THE GRAND PRIZE - DESTINATION HOLIDAY FOR FOUR TO CULTUS LAKE OR TO HARRISON HOT SPRINGS....**

**(Must be present and an Upper Nicola Band citizen (member) or resident for the \*\*\* Presentations to win the Grand Prize)**

# Baby Quilt Making

For the Baby Welcoming  
Come and Learn with Carol McCauley

April 24th and 25th 2023

9AM to 2PM

at Old Lakeview Gas Station  
Building in Quilchena

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For More information  
Contact Nadine Chillihitzia  
T: 250-280-4752



## SKILLSPLUS IN-COMMUNITY TRAINING

### May 15<sup>th</sup> – 19<sup>th</sup>, 2023

#### PLEASE JOIN US!

SkillsPlus is a Building Maintenance Skills Training Program, and its plumbing and electrical modules are coming to your community! This five-day training program will be broken down into 3 days of plumbing and 2 days of electrical maintenance training.



#### WHAT AND WHEN IS IT?

- Electrical and Plumbing Building Maintenance Training;
- The training is hands-on, experiential, and best-practices oriented; and,
- Class opens at 8 am for a light breakfast. Training starts at 9am; lunch is around 12 noon to 12:30, and class ends at 3pm.

#### WHY SHOULD YOU PARTICIPATE?

- Participation provides participants with the skills and confidence to handle minor repairs;
- The outcome of the training is increased capacity to offer improved services to your tenants; and,
- Communities will experience lower building maintenance costs as the use of outside contractors is minimized.

#### WHO IS IT FOR?

This session is intended for anyone involved in housing or is new to housing and has an interest in learning more about maintaining a home. This may include maintenance employees, building managers, owners, and others.

#### LOCATION:

Trades Building; Nicola Valley Institute of Technology; 4155 Belshaw Street, Merritt, BC. V1K 1R1

#### RSVP:

Please register by email to Catherine Gomory, [cgomory@bchousing.org](mailto:cgomory@bchousing.org) to confirm your attendance. Please provide name and email address.

For more information, please contact:  
Catherine Gomory 236-984-8302





## Education

Taking Applications for Upper Nicola - Post Secondary Student Support Program Applications /Policy (2020) DEADLINE: April 30th, 2023, for next intake September - April 2024. Interview will take place 2nd week in June 2023. Eligibility Criteria for NEW and RETURNING Post Secondary Student Support Program Sponsored: SEE PAGE 9 of PSSSP

email: [education@uppernicola.com](mailto:education@uppernicola.com)

For PSSSP Application

wáy

Charlene McRae, Education Manager

250-350-3342



# slaʔaq<sup>w</sup>ám

Apr 20 - May 18

Digging Time



skfacíws	skix <sup>w</sup> íws	sʔaslásq̄t	skaʔHíasq̄t	smasq̄t	sclkstasq̄t	sktaʔásq̄t
				20 New Moon kʔppq̄ <sup>w</sup> úsaʔ topsoil	21	22
23		25	26	27	28	29
sk <sup>w</sup> ək <sup>w</sup> ʔilit late fawn	skínixit black bear	x <sup>w</sup> ʔatx <sup>w</sup> t duck	k <sup>w</sup> six <sup>w</sup> goose	sʔaʔcínm deer	kəkíxkkn woodtick	palwíyaʔ butterfly x <sup>w</sup> tx <sup>w</sup> taqs dragonfly
30	1	2	3	4	5	6
wíx <sup>w</sup> ap íʔ tínx <sup>w</sup> úlaʔx <sup>w</sup> Spring burn	pláqin mushroom	síplíwís asparagus	x <sup>w</sup> əx <sup>w</sup> mínaʔ trout	nəqáqasut Minnie Lake	lymin spearhead	mulmnn fishing net
7	8	9	10	11	12	13
səx <sup>w</sup> kʔqaqx <sup>w</sup> ʔixm fisherman	ʔík <sup>w</sup> n fish eggs	sax <sup>w</sup> mn Peter Hope Lake	q <sup>w</sup> ʔac warm weather	nínwʔ little breeze	sk <sup>w</sup> mk <sup>w</sup> imcxn rainbow	sq <sup>w</sup> uʔʔ yellow jacket wasp
14	15	16	17	18		
xəxmʔaʔ house fly	sx <sup>w</sup> úx <sup>w</sup> yaʔ ant	tupl spider	ńsapmítk <sup>w</sup> waterbugs	sq <sup>w</sup> aq <sup>w</sup> ʔlq <sup>w</sup> prairie chicken		

# UPPER NICOLA BAND MEMBERS

## LETS GET ACTIVE ON THE LAND



### Medicine Mondays

Join us every Monday as we will be harvesting and preserving plants and medicines throughout the year.



### Workout Wednesdays

We will meet every Wednesday to train and get ready for the UNB and ONA Unity Runs.



### Fish Fridays

Join us on Fridays as we begin to prepare to harvest fish at the high level lakes this spring. Activities include gill net making / repair, fishing and preserving.

**ACTIVITIES WILL  
BEGIN APRIL 24TH**

**FOR MORE INFORMATION  
CONTACT BUZZ MANUEL**

**C: 250-315-3457**

**E: [EVENT.COORDINATOR@UPPERNICOLA.COM](mailto:EVENT.COORDINATOR@UPPERNICOLA.COM)**





# UPPER NICOLA BAND MEMBERS

LETS GET ACTIVE ON  
THE LAND

## Medicine Mondays

Join us every Monday as we will be harvesting and preserving plants and medicines throughout the year.



Please keep an eye on the weekly social media posts as we will be updating our calendar and moving with the season to harvest our medicines as they enter their season to harvest.

Be prepared to pack a lunch and drinking water, along with a lawn chair. We will have some rides available if needed but families are encouraged to drive their own vehicle.

ACTIVITIES WILL  
BEGIN APRIL 24TH

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# UPPER NICOLA BAND MEMBERS

## LET'S GET ACTIVE ON THE LAND

### Workout Wednesdays

We will meet every Wednesday to train and get ready for the UNB and ONA Unity Runs.



Starting April 26th, we will have a  
Walk / Run Group at the  
following times and locations:

12:15 - 12:45 PM at the Band Office

5:00 - 6:00 PM at the  
UNB Community Gym

**ACTIVITIES WILL  
BEGIN APRIL 26TH**

Please dress for the weather,  
wear comfortable running shoes  
and bring a water bottle

**FOR MORE INFORMATION  
CONTACT BUZZ MANUEL  
C: 250-315-3457  
E: [EVENT.COORDINATOR@UPPERNICOLA.COM](mailto:EVENT.COORDINATOR@UPPERNICOLA.COM)**



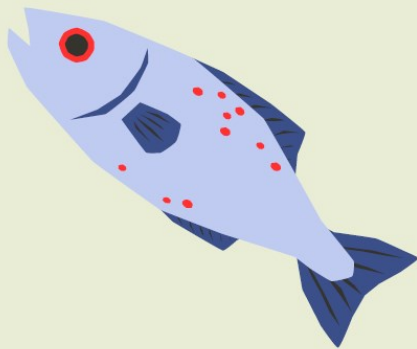
# UPPER NICOLA BAND MEMBERS

## LETS GET ACTIVE ON THE LAND

### Fish Fridays

Join us on Fridays as we begin to prepare to harvest fish at the high level lakes this spring.

Activities include gill net making / repair, fishing and preserving



We encourage all band members to come out to the high level lakes this year to practise and harvest the fish we have in our backyard. Please keep an eye on the weekly social media posts as we will be updating our calendar and moving with the fishing season as it arrives. If you need your Gill Net repaired OR need a Gill Net to use, please reach out and we will gladly help you. We need to be ready once the lakes have turned.

ACTIVITIES WILL  
BEGIN APRIL 28TH

FOR MORE INFORMATION  
CONTACT BUZZ MANUEL  
C: 250-315-3457  
E: [EVENT.COORDINATOR@UPPERNICOLA.COM](mailto:EVENT.COORDINATOR@UPPERNICOLA.COM)



# *Tea Time & Cradle Making*

APRIL 26TH & 27TH

10 AM - 3:30 PM BOTH DAYS, LUNCH WILL BE PROVIDED  
OLD LAKEVIEW GAS STATION BUILDING  
QUILCHENA BC



FOR ANYBODY THAT WANTS TO LEARN HOW TO  
MAKE A CRADLE, COME OUT AND LEARN.  
CAN BE A DOLL CRADLE OR BABY CRADLE.

ELDERS COME OUT AND VISIT,  
HAVE TEA AND BRING A PICTURE  
OF A CRADLE TO TALK ABOUT

FOR MORE INFORMATION CONTACT  
NADINE CHILLIHITZIA C: 250-280-4752  
TEAM LEAD: CORA TOM







## Upper Nicola 8th Annual Burrowing Owl s'qə'ax<sup>w</sup> Release Saturday, April 22, 2023, 11:00AM

The Upper Nicola Burrowing Owl Team invites community, friends, and guests to celebrate the annual spring release of 3 Burrowing Owl pairs. This very successful reintroduction program has much to celebrate this year with the recent return of a male and female owl! Although their migration route is unknown to us, these 2 made the arduous journey hundreds of kilometres south and returned to same burrow they used last year. Incredible!

The celebration, program introduction, and welcome drum song will take place at the **Pit House**. Following the celebration Kwu Stemtima (Grandmother's Group) are making delicious salmon sandwiches for lunch. The N'Kwala School Ambassador this year is Keanu Manuel who will have the honour of releasing an owl.

This is also **Earth Day**. To support environmental protection, we will bring garbage bags to fill and leave nothing behind from our gathering.

And following this, UN Community Services & UN Fire Dept have teamed up to organize a community clean-up day! Please refer to any of their postings or [FireDept@uppernicola.com](mailto:FireDept@uppernicola.com) for more information on this wonderful event 😊

**Please Meet at the Upper Nicola Band Office parking lot.**

For more information please contact:  
Dawn Brodie [dawnbrodie@telus.net](mailto:dawnbrodie@telus.net)  
Loretta Holmes [tootkin@hotmail.com](mailto:tootkin@hotmail.com)



# Rec Policy

Every fiscal year each band member is eligible for up to \$300 reimbursement for the purchase of recreational items.

These items are to keep you active & away from screens.

For a form package please contact Diana Boston  
[communications@uppernicola.com](mailto:communications@uppernicola.com) or  
250-315-5030

You can hand in your form and receipt anytime throughout the year!! Email them to [communications@uppernicola.com](mailto:communications@uppernicola.com) OR drop off at the Health Office or the Main Office. Photocopy your receipts please?





## Job Posting

**Position:** Payroll Clerk

**Department:** Administration

**Department Term:** Permanent Full Time – 35 hours per week

**Start date:** ASAP (or until position is filled)

**Wage:** Commensurate with experience, as per salary range for Grade 4 level employee in UNB Personnel Policy

**Reports to:** Chief Finance Officer

**Role:** To ensure the Payroll and associated functions are provided in compliance with the Upper Nicola Financial Administration Law, Personnel Policies and Procedures, and Federal Labour Code legislation.

### Key Responsibilities (main points)

- Process all timesheets and conduct payroll functions for all staff (using direct deposit and/or cheque). Reconcile payroll accounts to the general ledger; ensure coding is correct.
- Create new employees into the payroll system.
- Maintain electronic records of employees' attendance, leave and absence and calculate benefits are needed.
- Process documents for employment insurance (ROEs), and prepare other government documentation and remittances such as WCB, GST, and source deductions.
- Undertake payroll filing and provide assistance to staff and managers of payroll matters.
- Ensure hard copies of payroll records are filed in a confidential and secure manner.
- Assist Account Payables to process payment for all expenses, honoraria for staff, Chief and Council and community members.
- Comply with all applicable legislation, and UNB Policies and procedures including the Financial Administration Law.
- Provide support to other members of the Finance Team.

### Qualifications/Experience:

- Grade 12 education required.
- Completion of a bookkeeping or payroll course is required.
- A minimum of two years' experience in a payroll function is preferred.
- Reliable vehicle. Valid BC Driver's License

### Knowledge/skills/abilities

- Must be familiar with the use of Xyntax Software or be willing to learn.
- Must be willing to undertake training and refresher courses as required.
- Knowledge of general accounting procedures and proficient in data entry.
- Good verbal and written communication skills, Good interpersonal skills.
- Good organizational skills to achieve desired results.
- Diplomacy, tact, and confidentiality in dealing with a variety of people and information.
- Reliability and dependability. Self-motivated and an ability to work independently and within a team environment.
- Flexibility is a must to adapt to changing work priorities.

**Other: Criminal Record Check – An acceptable criminal record check is required.**

Send cover letter and resume by via hand delivery, mail, or e-mail, to:

HR - Upper Nicola Band – General Delivery, Douglas Lake, BC V0E 1S0 [hr@uppernicola.com](mailto:hr@uppernicola.com)

**Upper Nicola Band thanks all applicants. Only those short-listed for an interview will be contacted.**



## Job Posting Director of Community Services

The Upper Nicola Band (UNB) is inviting applications for an exciting new position of Director of Community Services.

The Director of Community Services is responsible for managing and supervising positions under the authority of the Upper Nicola Band Community Services (Capital Works, Operations and Maintenance and Housing).

### **Duties and Responsibilities:**

The Director of Community Services is responsible for the overall day-to-day management, administration, and delivery of UNB's Capital Works (O&M) and Housing programs and services, within approved budgets, to ensure the capital works and housing needs of members are met in a responsible, efficient, and fair manner.

The Manager provides direction and supervision to the Community Services Department staff to ensure all planned programs and services of the department are delivered in accordance with (i) UNB Personnel Policies, Financial Administration Law, policies, and regulations and (ii) the program policies and regulations of AANDC.

This position is responsible for the oversight of building management, operation, and maintenance of the UNB's infrastructure systems, band owned buildings, housing, and other physical assets, and, in conjunction with other managers, the development of UNB capital assets. This position requires close working relationships with all departments, in particular, Lands and Administration.

In fulfilling the job purposes, the Director maintains internal relationships with all departments, in particular lands and economic development, and external relationships with Federal and Provincial governments including the Nicola Tribal Association (NTA), Okanagan Nation Alliance (ONA) and Aboriginal Affairs Northern Development Canada (AANDC), and Highways.

### **Skills, Qualifications and Experience:**

A degree in Business Management, supplemented by a Trades certificate or equivalent is required.

Certified Professional Level in areas such as: Project Management, Housing Projects/Construction, Business, Urban Planning, Land Management, Environmental management, or related field is required.

A minimum of 5 years of Management and Public Administration experience including managing projects and resources, or equivalent is required.

A Safe Water Operations certification is required.

### *Personal Attributes:*

The Director of Community Services position maintains strict confidentiality in performing his/her duties and demonstrates the following personal attributes: integrity, respect, trust, honesty, patience, ethics, and accountability.

### *Other:*

Valid Class 5 driving license and access to a reliable vehicle required.

**Total Compensation:** in alignment with the current UNB's wage grid and benefits package.

Please send résumé and cover letter by June 6, 2022, via e-mail to:

Human Resources - Upper Nicola Band - General Delivery, Douglas Lake, BC V0E 1S0

[hr@uppernicola.com](mailto:hr@uppernicola.com)

UNB wishes to thank all applicants, but only those selected for an interview will be contacted.





## Job Posting

**Position:** Lands, Wills & Estates Assistant

**Department:** Lands, Wills & Estates

**Department Term:** Temporary Full Time – 32 hours per week  
(Funding based position – potential for extension)

**Start date:** ASAP (or until position is filled)

**Wage:** Grade 3

**Reports to:** Lands Manager

**Role:** The Lands, Wills & Estates Assistant performs complex office work through handling a variety of office, administrative, and communication duties on behalf of the Lands Manager.

### Key Responsibilities:

- Assist and provide administrative support to the Lands Manager.
- Implement and maintain a Records-Management/Filing system within the Laserfiche program, that allows the expedient retrieval of organizational documents, records, and reports.
- Maintains an office calendar to track and coordinate meetings, work demands and critical deadlines.
- Performs general clerical duties including photocopying, scanning, emailing, and mail.
- Drafting correspondence, notices, posters.
- Organizing meetings and events.
- Conducting research and assisting with creating reports.

### Qualifications/Experience:

- Grade 12 education or equivalent – preferred.
- Diploma in Business Administration or equivalent.
- Experience in working with community members.
- Experience in a First Nations environment.
- Reliable vehicle. Valid BC Driver's License.

### Knowledge/skills/abilities

- Good verbal and written communication skills.
- Good organizational skills and attention to detail to achieve desired results.
- Excellent research capabilities.
- Diplomacy, tact, and confidentiality in dealing with a variety of people and information.
- Possess strong computer skills using MS Office software and specialized software.
- Reliability and dependability. Self-motivated and an ability to work independently.
- Good interpersonal skills. Ability to work in a team orientated environment.
- Flexibility is a must to adapt to changing work priorities.
- Good judgement and problem-solving skills must be exercise at all times. Continuous learning.

Send cover letter and resume by via hand delivery, mail, or e-mail, to:

HR - Upper Nicola Band – General Delivery, Douglas Lake, BC V0E 1S0 [hr@uppernicola.com](mailto:hr@uppernicola.com)

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# Upper Nicola

## Job Posting

**Position:** Nsyilxcen Community Engagement Coordinator

**Term:** Full Time – 32 hours per week, flexible schedule with some evenings and weekends.

**Start date:** April 1, 2023

**Wage:** Commensurate with experience, as per salary range for Grade 5 level in UNB Personnel Policy

**Reports to:** Language Manager

**Scope:** The Nsyilxcen Community Engagement Coordinator is responsible for facilitating engagement and communication between the community and the Upper Nicola Language Department regarding Nsyilxcen Language programming, planning, and revitalization efforts.

### Key Responsibilities:

- Organize, conduct, and report on community Nsyilxcen language events and engagement sessions
- Form and supports a Community Language Working Group
- Use creative and innovative ways to promote community language engagement
- Act as point of contact for community language programming
- Develop and fosters positive relationships with the community and the UNB Language Department
- Bring in language planning facilitator(s) to promote language learning opportunities
- Will actively learn the Nsyilxcen language through various language sessions and opportunities

### Qualifications/Experience:

#### Knowledge/skills/abilities

- Knowledge of Nsyilxcen (Okanagan language)
- Local community knowledge preferred
- Excellent communication skills, both written and oral
- Computer capability and knowledge, willing to learn new programs
- Able to work independently and in a team environment
- Willing to work flexible hours including evenings and weekends
- Experience in organizing community sessions/events

#### Qualifications:

- Minimum completion of High School
- Working knowledge of Nsyilxcen Language
- Access to a reliable vehicle and possess a valid Driver License
- **Must complete a successful Criminal Record Check.**

Send cover letter and resume by March 31, 2023 via hand delivery, mail, e-mail to:

**Human Resources**

General Delivery

Douglas Lake, BC V0E 1S0 - Tel: 250-350-3342

[hr@uppernicola.com](mailto:hr@uppernicola.com)

**Upper Nicola Band thanks all applicants. However, only those short-listed for an interview will be contacted.**

General Delivery, BC V0E 1S0 T 250.350.3342 F 250.350.3311 [www.uppernicola.com](http://www.uppernicola.com)



## Job Posting

**Position:** Kwu Stəmtíma? Assistant

**Department:** Our Relations

**Department Term:** Permanent Full Time – 32 hours per week

**Start date:** ASAP (or until position is filled)

**Wage:** Commensurate with experience, as per salary range for Grade 3 level employee in UNB Personnel Policy

**Reports to:** Director, Our Relations

**Role:** The purpose of this position is to assist the UNB Kwú Stəmtíma? with the planning and implementation of their events, and initiatives. Focus of this position will be the administration and technical support to the Kwú Stəmtíma?.

**Key Responsibilities:**

- Schedules meetings and other logistics either in person (when meeting in person is safe to do so) or virtually;
- Takes meeting minutes for the Kwu Stəmtíma?;
- Support the Kwú Stəmtíma? with the implementation of their monthly activities;
- Performs all duties and responsibilities in accordance with Upper Nicola Band policies and procedures;
- Develops rapport and relationships with the community and various external agencies;
- Liaises and communicates with Director, Health and Social Development and Health and Social Development Executive Assistant to coordinate activities and required services;
- Develops a monthly calendar of various Kwú Stəmtíma? activities;
- Coordinates and collaborates with other departments to ensure that there is community/organizational awareness of the Kwú Stəmtíma?;
- Support prevention and intervention programs that will support the Kwú Stəmtíma? & Child and Family Services and Health staff.

**Qualifications/Experience:**

- Grade 12 education or equivalent
- Diploma in Business Administration or Social Work programs or equivalent
- 2 years' experience in program planning
- Experience in working with community members
- Experience in a First Nations environment

**Knowledge/skills/abilities**

- Good verbal and written communication skills
- Good organizational skills to achieve desired results
- Diplomacy, tact, and confidentiality in dealing with a variety of people and information
- Possess strong computer skills using MS Office software
- Reliability and dependability. Self-motivated and an ability to work independently
- Good interpersonal skills. Ability to work in a team orientated environment
- Flexibility is a must to adapt to changing work priorities
- Good judgement and problem-solving skills must be exercise at all times. Continuous learning

Send cover letter and resume by via hand delivery, mail, or e-mail, to:

HR Upper Nicola Band – General Delivery, Douglas Lake, BC V0E 1S0 Tel: 250-350-3342 [hr@uppernicola.com](mailto:hr@uppernicola.com)

**Upper Nicola Band thanks all applicants. Only those short-listed for an interview will be contacted.**



Earth Day April 22



Upper Nicola



## Contact Us

### Upper Nicola Band

Visit us on the web at [www.uppernicola.com](http://www.uppernicola.com)

General Delivery  
Douglas Lake, BC V0E 1S0

T: (250) 350-3342  
F: (250) 350-3311



<https://www.facebook.com/uppernicola>

Visit our Facebook page for the latest news from the Community and notifications from Upper Nicola staff.