



GENERAL BAND MEETING

Wednesday April 26, 2023
6:00pm Via Zoom.

Join The Zoom Meeting at:

<https://us02web.zoom.us/j/82162858428?pwd=b3dNaWc3Q3pmMms1MkgzQUYzQ285dz09>

Meeting ID: 821 6285 8428

Passcode: 736013

(The Zoom meeting invite link will be the same for all General Band Meetings)

Agenda:

1. Land Allocation – Ken Hofmann
2. UNB Band Transfers: Peyton McRae, Wayne Twan, and Eugene Keats.
- 3.

IMPORTANT NOTICE



Quilchena Community Centre

Community Engagement

Monday April 24, 2023

Quilchena Church

3:00pm - Meeting with Elders to Review Current Design

5:00pm - Dinner Provided

5:30pm - Presentation by Design Team

6:30-7:30 - Interactive Design Showcase for Community Feedback



UNB has received approval to cover 90% of the design cost. We are planning the design this fiscal year, 2023-24, with goal to begin construction in Spring 2024.

Please join us! If you have any questions, contact Collette Sunday, Band Administrator 250 350 3342, ext. 235 admin@uppernicola.com

**Indigenous Skills Training and Employment Program (in partnership with Needs of the Community Society) is offering:
What the "L" Workshop**

**DO YOU NEED
HELP TO GET
YOUR "L"
LICENSE?**

**Lunch will be
provided**

**DATE: May 23, 2023 at 10am - 2pm &
May 30, 2023 at 9:30am - 1:30pm
LOCATION: Merritt Civic Centre**

This workshop teaches participants the basics required to successfully pass the Learner's exam:

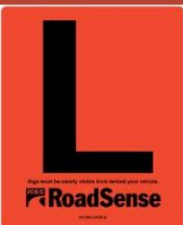
- Navigates through the Driver's Guide booklet step by step
- Highlights key points in each section
- Identifies useful clues in preparation for the exam
- Offers opportunities for participants to ask questions and learn through group discussions

Basic Eligibility:

- Must be 16 years old or older
- Must be of First Nations descent
- Currently unemployed or underemployed and reside in Merritt catchment area
- Hold 2 pieces of valid ID; 1 primary and 1 secondary
- Ability to complete ICBC parental consent form if under 19
- No outstanding fines with ICBC

Must be available to complete both sessions of the workshop

10 in-person seats are available-location will be in Merritt



If you are interested please send an email to the
ISET Employment Counsellor Jody John at
counsellor@scwexmxtribal.org or call 250-315-9465



ENOWKINWIXW NOTICE

ATTENTION: To those members who signed up for the Enowkinwixw Teachings.

Please join the Dr. Jeanette Armstrong Dissertation Reading/Discussion group >>**Chapter 4 which has the enowkinwixw teachings.** There will be 2 reading/discussion sessions by **zoom:**

Session 1: Wednesday, April 12 starting 6:00 pm (Read pages 143-169)

Session 2: Tuesday, April 25 starting 6:00 pm (Read pages 170-193)

If you would like a copy of the dissertation book, you can pick up a copy at the band office.

If you want only Chapter 4, Thelma will copy only chapter 4 for you, as this is a big book to carry around.

***Those of you who are **NOT** on the zoom link, please send your email address to me at cmccauley92@gmail.com to be put on the zoom link. If you have any questions, please email me.

TRANSITION SYILX GOVERNANCE MEETING

Tuesday, April 18, 2023

6:15-8:00pm

Meeting Place

Agenda:

- Captik'I Story
- Syilx governance Frameworks
 - Family Units



Does your garden
need tilling?

Call Emily at the Health Office

if you would like to sign up or
if you have any questions

250-378-5058

DEADLINE to sign up

Wednesday, April 15, 2023 by 4:00



A decorative floral wreath is the central focus, composed of various flowers including pink tulips, yellow sunflowers, orange daisies, and white daisies, all set against a lush green background of grass. Several butterflies, including monarchs and blue ones, are scattered around the wreath. The background of the entire poster is a soft, light blue and yellow gradient.

UPPER NICOLA HEALTH DEPARTMENT

Join us
for lunch
everyone
welcome

THURSDAY, APRIL 06, 2023

At the Health Office 11:30 - 1:30

If you have any questions please call Emily @ 250-378-5058

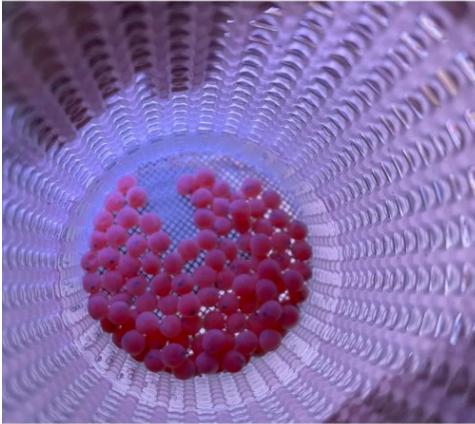
April

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
			Swimming @ Aquatic Centre 3 – 7:30pm		Easter Activities @ Meeting Place 1 – 3pm	
9	10	11	12	13	14	15
	EASTER MONDAY	Cook Club @ Meeting Place 4 – 5:30pm		After School Program & Gym Night 4:15pm – 6:30pm	Movie Night @ Meeting Place 6 – 7:30pm	
16	17	18	19	20	21	22
			Swimming @ Aquatic Centre 3 – 7:30pm	After School Program & Gym Night 4:15pm – 6:30pm		
23	24	25	26	27	28	29
		Cook Club @ Meeting Place 4 – 5:30pm		After School Program & Gym Night 4:15pm – 6:30pm		
30						

OKANAGAN NATION ALLIANCE OPEN HOUSE

N'KWALA SCHOOL | APRIL 11, 2023 | 2 PM - 7 PM



LEARN MORE ABOUT ONA PROGRAMS

The ONA Open House will feature booths from all ONA departments that will showcase each program and service that is provided to Syilx Nation members and throughout the territory. There will be an opportunity to have individual discussions with staff and gather together to share information!

FEATURED BOOTHS

- Wellness Programs and Services
- Natural Resources
- Fisheries
- Communications and Events
- Books and ONA Swag For Sale



BOOTHS

Visit our booths to learn more about current projects, programs and services



PRIZES

By visiting our booths, you will be entered to win items such as an iPad, \$300 grocery cards, and more!



DINNER

Join us for a delicious meal! Dinner will be available from 5:00 pm - 6:30 pm

OPEN TO SYILX NATION MEMBERS AND COMMUNITY MEMBERS

For more information, contact:

Raven Mikuletic, Communications Coordinator
rmikuletic@syilx.org or 250-707-0095 ext. 121
www.okanagannation.com





Always
Unique
Totally
Interesting
Sometimes
Mysterious

Brought to you by the Upper Nicola Health Department

Learn the Signs of Autism

One of the most important things you can do as a parent or caregiver is to learn the early signs of autism and become familiar with the typical developmental milestones that your child should be reaching.

What are the signs of autism?

The autism diagnosis age and intensity of autism's early signs vary widely. Some infants show hints in their first months. In others, behaviors become obvious as late as age 2 or 3.

Not all children with autism show all the signs. Many children who *don't* have autism show a few. **That's why professional evaluation is crucial.**

The following may indicate your child is at risk for an autism spectrum disorder. If your child exhibits any of the following, ask your pediatrician or family doctor for an evaluation right away:

By 6 months

- Few or no big smiles or other warm, joyful and engaging expressions
- Limited or no eye contact

By 9 months

- Little or no back-and-forth sharing of sounds, smiles or other facial expressions

By 12 months

- Little or no babbling
- Little or no back-and-forth gestures such as pointing, showing, reaching or waving
- Little or no response to name

By 16 months

- Very few or no words

By 24 months

- Very few or no meaningful, two-word phrases (not including imitating or repeating)

At any age

- Loss of previously acquired speech, babbling or social skills
- Avoidance of eye contact
- Persistent preference for solitude
- Difficulty understanding other people's feelings
- Delayed language development
- Persistent repetition of words or phrases (echolalia)
- Resistance to minor changes in routine or surroundings
- Restricted interests
- Repetitive behaviors (flapping, rocking, spinning, etc.)
- Unusual and intense reactions to sounds, smells, tastes, textures, lights and/or colors

If you have concerns, get your child screened and contact your healthcare provider

The [M-CHAT \(Modified Checklist for Autism in Toddlers™\)](#) can help you determine if a professional should evaluate your child. This simple online autism screen, available on our website, takes only a few minutes. If the answers suggest your child has a high probability for autism, please consult with your child's doctor. Likewise, if you have any other concerns about your child's development, don't wait. Speak to your doctor now about screening your child for autism.

Resources

A diagnosis of autism is an important turning point in a long journey to understand your child's world. Autism Speaks has many resources for families whose children have recently received a diagnosis.

These include Autism Speaks [First Concern to Action Tool Kit](#) and [First Concern to Action Roadmap](#).

Signs of autism in adults and teens

Do you suspect that your feelings and behaviors involve autism? Many people who have milder forms of autism go undiagnosed until adulthood. Find out more in our guide: "[Is it Autism and If So, What Next?](#)"

Please visit [Treatment of Autism](#) and our [Autism Speaks Directory](#) for more information. Have more questions? Autism Speaks' [Autism Response Team](#) can help you with information, resources and opportunities. Reach us:

In English: 888-288-4762 | help@autismspeaks.org
En Español: 888-772-9050 | ayuda@autismspeaks.org



If you have any questions
or concerns, please call

Upper Nicola Health
Department
Terri Stockwell, RN, BSN
250-378-5058

Baby Quilt Making

For the Baby Welcoming
Come and Learn with Carol McCauley

April 24th and 25th 2023

9AM to 2PM

at Old Lakeview Gas Station
Building in Quilchena

For More information
Contact Nadine Chillihitzia
T: 250-280-4752



SKILLSPLUS IN-COMMUNITY TRAINING

May 15th – 19th, 2023

PLEASE JOIN US!

SkillsPlus is a Building Maintenance Skills Training Program, and its plumbing and electrical modules are coming to your community! This five-day training program will be broken down into 3 days of plumbing and 2 days of electrical maintenance training.



WHAT AND WHEN IS IT?

- Electrical and Plumbing Building Maintenance Training;
- The training is hands-on, experiential, and best-practices oriented; and,
- Class opens at 8 am for a light breakfast. Training starts at 9am; lunch is around 12 noon to 12:30, and class ends at 3pm.

WHY SHOULD YOU PARTICIPATE?

- Participation provides participants with the skills and confidence to handle minor repairs;
- The outcome of the training is increased capacity to offer improved services to your tenants; and,
- Communities will experience lower building maintenance costs as the use of outside contractors is minimized.

WHO IS IT FOR?

This session is intended for anyone involved in housing or is new to housing and has an interest in learning more about maintaining a home. This may include maintenance employees, building managers, owners, and others.

LOCATION:

Trades Building; Nicola Valley Institute of Technology; 4155 Belshaw Street, Merritt, BC. V1K 1R1

RSVP:

Please register by email to Catherine Gomory, cgomory@bchousing.org to confirm your attendance. Please provide name and email address.

For more information, please contact:
Catherine Gomory 236-984-8302





Education

Taking Applications for Upper Nicola - Post Secondary Student Support Program Applications /Policy (2020) DEADLINE: April 30th, 2023, for next intake September - April 2024. Interview will take place 2nd week in June 2023. Eligibility Criteria for NEW and RETURNING Post Secondary Student Support Program Sponsored: SEE PAGE 9 of PSSSP

email: education@uppernicola.com

For PSSSP Application

wáy

Charlene McRae, Education Manager

250-350-3342



Geneve McRae

Employment Counsellor


About Me


Wa'y My name is Geneve McRae, I live in Douglas Lake, my parents are Cheryl Alexander and Late Gene McRae. I have been employed with Upper Nicola Band for 7 years in different positions starting out as a Summer Student worker, Office Assistant, N'kwala School Office Administration Assistant, Education Assistant to now Employment Counsellor for about a year now.

Job Purpose

UNB Employment counsellor provides assistance and information to job seek for clients on all aspects of employment search and career planning. An employment counsellor advises, coaches, provides information, researches resources, and supports clients who are planning, seeking and managing their career and life/work direction.

Contact Information

 (250)350-3342 (Ext:225)

 ec@uppernicola.com

Roles/Responsibilities

- Employment Counselling
- Assessments
- Case Management
- Work Placement
- Data Input & Follow-up
- Group Facilitation
- Working in cooperation with the Construction Foundation of BC (All Roads Program)
- Working with proponents to promote & learn about the UNB opportunities
- Collaborate with all program staff to ensure seamless delivery
- Performs all duties & responsibilities in accordance with UNB Policies and Procedures
- Counselling clients for career planning, vocational selection, job search, identifying, overcoming personal barriers for employment, and personal career management.

Personal Attributes

The Employment Counsellor Demonstrates the following personal attributes while performing his/her duties: Integrity, Respect, Trust, Honesty, Patience, Ethics, and Accountability.



Job Posting Director of Community Services

The Upper Nicola Band (UNB) is inviting applications for an exciting new position of Director of Community Services.

The Director of Community Services is responsible for managing and supervising positions under the authority of the Upper Nicola Band Community Services (Capital Works, Operations and Maintenance and Housing).

Duties and Responsibilities:

The Director of Community Services is responsible for the overall day-to-day management, administration, and delivery of UNB's Capital Works (O&M) and Housing programs and services, within approved budgets, to ensure the capital works and housing needs of members are met in a responsible, efficient, and fair manner.

The Manager provides direction and supervision to the Community Services Department staff to ensure all planned programs and services of the department are delivered in accordance with (i) UNB Personnel Policies, Financial Administration Law, policies, and regulations and (ii) the program policies and regulations of AANDC.

This position is responsible for the oversight of building management, operation, and maintenance of the UNB's infrastructure systems, band owned buildings, housing, and other physical assets, and, in conjunction with other managers, the development of UNB capital assets. This position requires close working relationships with all departments, in particular, Lands and Administration.

In fulfilling the job purposes, the Director maintains internal relationships with all departments, in particular lands and economic development, and external relationships with Federal and Provincial governments including the Nicola Tribal Association (NTA), Okanagan Nation Alliance (ONA) and Aboriginal Affairs Northern Development Canada (AANDC), and Highways.

Skills, Qualifications and Experience:

A degree in Business Management, supplemented by a Trades certificate or equivalent is required.

Certified Professional Level in areas such as: Project Management, Housing Projects/Construction, Business, Urban Planning, Land Management, Environmental management, or related field is required.

A minimum of 5 years of Management and Public Administration experience including managing projects and resources, or equivalent is required.

A Safe Water Operations certification is required.

Personal Attributes:

The Director of Community Services position maintains strict confidentiality in performing his/her duties and demonstrates the following personal attributes: integrity, respect, trust, honesty, patience, ethics, and accountability.

Other:

Valid Class 5 driving license and access to a reliable vehicle required.

Total Compensation: in alignment with the current UNB's wage grid and benefits package.

Please send résumé and cover letter by June 6, 2022, via e-mail to:

Human Resources - Upper Nicola Band - General Delivery, Douglas Lake, BC V0E 1S0

hr@uppernicola.com

UNB wishes to thank all applicants, but only those selected for an interview will be contacted.



Job Posting

Position: Lands, Wills & Estates Assistant

Department: Lands, Wills & Estates

Department Term: Temporary Full Time – 32 hours per week
(Funding based position – potential for extension)

Start date: ASAP (or until position is filled)

Wage: Grade 3

Reports to: Lands Manager

Role: The Lands, Wills & Estates Assistant performs complex office work through handling a variety of office, administrative, and communication duties on behalf of the Lands Manager.

Key Responsibilities:

- Assist and provide administrative support to the Lands Manager.
- Implement and maintain a Records-Management/Filing system within the Laserfiche program, that allows the expedient retrieval of organizational documents, records, and reports.
- Maintains an office calendar to track and coordinate meetings, work demands and critical deadlines.
- Performs general clerical duties including photocopying, scanning, emailing, and mail.
- Drafting correspondence, notices, posters.
- Organizing meetings and events.
- Conducting research and assisting with creating reports.

Qualifications/Experience:

- Grade 12 education or equivalent – preferred.
- Diploma in Business Administration or equivalent.
- Experience in working with community members.
- Experience in a First Nations environment.
- Reliable vehicle. Valid BC Driver's License.

Knowledge/skills/abilities

- Good verbal and written communication skills.
- Good organizational skills and attention to detail to achieve desired results.
- Excellent research capabilities.
- Diplomacy, tact, and confidentiality in dealing with a variety of people and information.
- Possess strong computer skills using MS Office software and specialized software.
- Reliability and dependability. Self-motivated and an ability to work independently.
- Good interpersonal skills. Ability to work in a team orientated environment.
- Flexibility is a must to adapt to changing work priorities.
- Good judgement and problem-solving skills must be exercise at all times. Continuous learning.

Send cover letter and resume by via hand delivery, mail, or e-mail, to:

HR - Upper Nicola Band – General Delivery, Douglas Lake, BC V0E 1S0 hr@uppernicola.com

Upper Nicola Band thanks all applicants. Only those short-listed for an interview will be contacted.



Job Posting

Position: Nsyilxcen Community Engagement Coordinator

Term: Full Time – 32 hours per week, flexible schedule with some evenings and weekends.

Start date: April 1, 2023

Wage: Commensurate with experience, as per salary range for Grade 5 level in UNB Personnel Policy

Reports to: Language Manager

Scope: The Nsyilxcen Community Engagement Coordinator is responsible for facilitating engagement and communication between the community and the Upper Nicola Language Department regarding Nsyilxcen Language programming, planning, and revitalization efforts.

Key Responsibilities:

- Organize, conduct, and report on community Nsyilxcen language events and engagement sessions
- Form and supports a Community Language Working Group
- Use creative and innovative ways to promote community language engagement
- Act as point of contact for community language programming
- Develop and fosters positive relationships with the community and the UNB Language Department
- Bring in language planning facilitator(s) to promote language learning opportunities
- Will actively learn the Nsyilxcen language through various language sessions and opportunities

Qualifications/Experience:

Knowledge/skills/abilities

- Knowledge of Nsyilxcen (Okanagan language)
- Local community knowledge preferred
- Excellent communication skills, both written and oral
- Computer capability and knowledge, willing to learn new programs
- Able to work independently and in a team environment
- Willing to work flexible hours including evenings and weekends
- Experience in organizing community sessions/events

Qualifications:

- Minimum completion of High School
- Working knowledge of Nsyilxcen Language
- Access to a reliable vehicle and possess a valid Driver License
- **Must complete a successful Criminal Record Check.**

Send cover letter and resume by March 31, 2023 via hand delivery, mail, e-mail to:

Human Resources

General Delivery

Douglas Lake, BC V0E 1S0 - Tel: 250-350-3342

hr@uppernicola.com

Upper Nicola Band thanks all applicants. However, only those short-listed for an interview will be contacted.

General Delivery, BC V0E 1S0 T 250.350.3342 F 250.350.3311 www.uppernicola.com



Job Posting

Position: Kwu Stəmtimá? Assistant

Department: Our Relations

Department Term: Permanent Full Time – 32 hours per week

Start date: ASAP (or until position is filled)

Wage: Commensurate with experience, as per salary range for Grade 3 level employee in UNB Personnel Policy

Reports to: Director, Our Relations

Role: The purpose of this position is to assist the UNB Kwú Stəmtimá? with the planning and implementation of their events, and initiatives. Focus of this position will be the administration and technical support to the Kwú Stəmtimá?.

Key Responsibilities:

- Schedules meetings and other logistics either in person (when meeting in person is safe to do so) or virtually;
- Takes meeting minutes for the Kwu Stəmtimá?;
- Support the Kwú Stəmtimá? with the implementation of their monthly activities;
- Performs all duties and responsibilities in accordance with Upper Nicola Band policies and procedures;
- Develops rapport and relationships with the community and various external agencies;
- Liaises and communicates with Director, Health and Social Development and Health and Social Development Executive Assistant to coordinate activities and required services;
- Develops a monthly calendar of various Kwú Stəmtimá? activities;
- Coordinates and collaborates with other departments to ensure that there is community/organizational awareness of the Kwú Stəmtimá?;
- Support prevention and intervention programs that will support the Kwú Stəmtimá? & Child and Family Services and Health staff.

Qualifications/Experience:

- Grade 12 education or equivalent
- Diploma in Business Administration or Social Work programs or equivalent
- 2 years' experience in program planning
- Experience in working with community members
- Experience in a First Nations environment

Knowledge/skills/abilities

- Good verbal and written communication skills
- Good organizational skills to achieve desired results
- Diplomacy, tact, and confidentiality in dealing with a variety of people and information
- Possess strong computer skills using MS Office software
- Reliability and dependability. Self-motivated and an ability to work independently
- Good interpersonal skills. Ability to work in a team orientated environment
- Flexibility is a must to adapt to changing work priorities
- Good judgement and problem-solving skills must be exercised at all times. Continuous learning

Send cover letter and resume by via hand delivery, mail, or e-mail, to:

HR Upper Nicola Band – General Delivery, Douglas Lake, BC V0E 1S0 Tel: 250-350-3342 hr@uppernicola.com

Upper Nicola Band thanks all applicants. Only those short-listed for an interview will be contacted.

Syilx Nation Drug & Human Trafficking Forum

April 19-20, 2023

Penticton Trade and Convention Centre

#StillSacred



About

Mental health, substance use, and human trafficking has been a growing epidemic in the Okanagan region and has directly affected Syilx Nation member communities for too long. Prevention and intervention is the only way to combat this fast growing business and protect Syilx Nation members.

Topics To Include

- + Substance Use and Addiction
- + Mental Health and Trauma
- + Human Trafficking and Sexual Exploitation



Booths

Visit booths to learn more about current supports and services available to Syilx Nation members.



Solution Based Discussions

Space for meaningful discussion around what is needed for the Nation going forward and protect our loved ones and our communities.



Workshops

Workshops will include topics such as prevention and intervention, caregiver education, and more.

SYILX NATION MEMBERS, COMMUNITY MEMBERS, AND COMMUNITY MEMBER STAFF.

For More Info:
Raven Mikuletic, Communications Coordinator
rmikuletic@syilx.org or 250-707-0095 ext. 121
www.okanagannation.com



Contact Us

Upper Nicola Band

Visit us on the web at www.uppernicola.com

General Delivery
Douglas Lake, BC V0E 1S0

T: (250) 350-3342



<https://www.facebook.com/uppernicola>

Visit our Facebook page for the latest news from the Community and notifications from Upper Nicola staff.